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## **Home**

Yvonne is an emotional therapist and an paranormal medium. Daily she guides people in their personal growth through coaching, therapy and emotional healing sessions. Next to it she gives self-realisation and EZI®-workshops and paranormal evenings.

As an emotional therapist Yvonne is specialized in the technique Emotional Soul Integration, abbreviated EZI® (Dutch name), a registered/patent treatment method she developed. She gives courses and workshops so everyone can learn it!

#### **Artist**

Yvonne is since 1990 also active as an artist. She makes in a mediumistic way her paintings, mosaic made mirrors and other art objects. She also writes books and poems.



## **Who is Yvonne?**

Yvonne is born on the 26th of February 1962 and is mother of three children.

In 1996 she started her own practice with Emotional Therapies and Homeopathy.

Since 1998 Yvonne also works as a Medium. Eversince her Mediumistic Consults are integrated in her Therapies. From 2000 Yvonne works with EZI, a powerful method that releases you from disturbing emotions. Life becomes more easy and bearable. Also physical problems which are caused by emotions like sadness and stress (for example stomachache, a stiff neck, etc) can be healed with EZI®. Chronic diseases can't be cured with EZI®, but the ability to accept the disease and the pain as a result EZI® can help with.

#### **EZI®**

EZI® stands for Emotional Soul Integration and is a powerful method which is healing for people with emotional problems and behavioural disorders.

Physical-emotional symptoms like RSI, nerve pain in arm or leg, backpain or organ problems can be healed with EZI®.

With chronic diseases EZI helps tremendously to achieve a better state of mind so living with and accepting the disease becomes more easy.

#### **The Technique**

EZI® is a patent/registered therapy which uses the O-ring, a ring that exists when the tops of the thumb and the middlefinger touch eachother.



While asking questions and at the same time trying to break the connection between the two fingers, the EZI Therapist get's a connection with the subconscious of the client.



The muscle contraction gives the signal yes (weak) or no (strong). With a given statement the muscle contraction gives the answer if something is true (strong) or not (weak). This approach works like a lie-detector. It's a very simple technique and everyone can learn it. With this method the Therapist creates clarity about the roots of the issue. After that the emotions related to the issue are released through a special breathingtechnique or another healing method. This healing Yvonne gives with her hands. Sometimes she uses soundscales and cristals. If necessary after the session a bottle with drops are given (Chak-ra-ha remedies) for extra support. The content of a bottle contains water, brandy and Chakra resonance. The content contains 10 ml and is very economical. Use only 2 drops each time.

With an EZI®-workshop or course you learn how to use this method and put it in to practice effectively. The overall goal is to help yourself and others to let go of conscious and subconscious emotions. To decrease problems and live a more stable and aware life.

## Mediumistic Consult

These consults are given by lightbeings via Yvonne. A consult usually lasts two hours. If you come with two people three hours or longer is no exception.

A Mediumistic Consult works on who the client is, what his or her talents are and what is troubling him or her. Also blocks and the most compatible study or work will become apparent. During the consults the client will become more aware of why and how all the people around him or her behave the way they do and viceversa. Also more insight in intimate relationships will develop. During the consult all questions will be tried to be answered. The goal of the Mediumistic Consults is to recover your ability for self-love and to understand why he or she is on earth. This will create more understanding and a firmer grip on life.

### What to bring?

For a Mediumistic Consult you need to bring something of metal. Jewelry (a ring, bracelet, watch, necklace, earring, keys, etc) that you've been wearing for at least 3 weeks continuously. If you don't have any jewelry a picture of yourself will also do. Bring also pictures of your father, mother, other people and maybe animals who are important to you. Also if they are death or missed. If you don't feel comfortable in certain houses or if you want to buy a new house also bring pictures along. Yvonne can feel if it would be the right choice to buy that specific house.

## Mediumistic Consult for your Company

Yvonne also gives Mediumistic Consults for companies. If you need advice about your company, questions about business associates, employees and employers she can help. She can analyse why a company isn't working properly and how it can be improved. To create a clear picture of the situation in a company it's important to bring pictures of the people involved.

### Recording

The Mediumistic Consults will be recorded with modern recording equipment. Everything that's been said you can listen to again at home. The recordings can be put on a CD-ROM and can be send to your address after the

consult.

### **Costs**

Hourprice is €70,-. When a consult is done on another location travelcosts will be included. €0,40 every km. ( in the netherlands)

### **Entiteiten**

In special cases Yvonne can clean your house of ghost's (entities or not well transitioned souls).

## **EZI®-Treatment**

An EZI®-Treatment takes usually one to two hours. The EZI®-Treatments will be given by Yvonne together with a lightbeing. During the treatments you will lie down on a low bed or something else that's comfortable. To read more about EZI®

For an EZI®-Treatment you don't need to bring something with you if you already had an Mediumistic Consult. If this is not the case, then it's useful to bring jewelry or some other metal object that you've been carrying with you for at least three weeks continuously (read more about Mediumistic Consults With this object we can have a quick view on what kind of human being you are, what is really going on and the most important issues you can be helped with.

### **Costs**

Hourprice is €70,-.

EZI® therapy is a means of helping people who are suffering emotional turmoil in their lives. By supporting individuals in working through their feelings, EZI® therapists seek to help people heal original past emotional wounds, which are often at the root of current problems.

There is a volume of evidence suggesting that the suppression of emotions can lead to ill health, persistent unhappiness, anxiety disorders, obsessive-compulsive behaviour, addictions, relationship problems, eating disorders, suicidal feelings, unhealthy excesses and many other related issues.

The EZI® therapist assists and supports the client by acknowledging, accepting and dealing with suppressed emotional pain in a healthy, integrated way.

EZI® therapy has similarities with conventional counselling although there are also important differences. It holds the holistic premise that the spirit is of equal importance to the mind and body. As well as talking and listening, the therapy uses the individual's own natural inner healing creativity, thus empowering them and bringing a greater self-knowledge and personal strength from which they can more effectively cope with, and enrich, their lives.

Its aim is to bring clients to that wholeness from which they can comfortably live their world and manage their lives.

## **EZI®-Workshop**

While engaging in EZI®-Workshops you learn to put the EZI®-Techniques into practice. If you have your own practice then EZI® can be a good method to integrate in your own treatments. EZI® leaves lots of space for your own creativity.

Everyone can learn EZI® to treat and help themselves and other people. Next to family and friends EZI® also has a healing effect on children. If you can put EZI® into practice with children the daily hassles they encounter can become more bearable or you can take them away completely. Problems on school, on the street (like teasing), dyslexia, sleep disorders, insecurity and fear of examinations. EZI® works supportive. Your child will have less or even no sadness at all and will feel more happy with life.

### **The Teaching**

In the workshop you learn the EZI®-Technique. You will receive all material necessary and a testing box with Chak-ra-ha remedies.

Every morning the day starts with Chakra-Chi Movements and in the evening several exercises will be done that have to do with the contact you feel with yourself and towards the other. To end the evening a guided meditation will be given.

### **EZI®-Workshops organised by others**

Yvonne gives EZI® -Workshops all over the world at the invitation of individuals as organisations. You will have to arrange the location (big living room or hall) and the payments of the participants. The minimum amount of participants is ten, the maximum is thirty. (See EZI®-Basicform workshops in Dutch site for the Netherlands)

#### **Costs**

The fee will be discussed with you. Yvonne will take every invitation in consideration. Also if you want to invite more than thirty people. Travel and accommodation costs will be paid by the organisation.

### **EZI®-Basicform**

Workshop

### **Coaching**

If you don't know what path to follow in life Yvonne might be able to help you find your path again. Dramatic situations like a divorce or the death of a relative can be the cause of this. Yvonne guides people with taking important decisions in their lives. And she guides people in the form of Personal Coaching help with Mourning or Relationship Therapy.

### **Personal Coaching**

Are you walking around with questions about your life or do you feel something has to change in your life? In this phase Yvonne can coach you personally to look for answers and get you on the right track again. Yvonne coaches you individually in her practice with a Mediumistic Consult [[interne link](#)] and/or an EZI®-Treatment [[interne link](#)].

#### **Costs**

Hour price is €70,-

### **Relationship Therapy**

Yvonne can help you in her practice with relationship issues. She describes in a mediumistic way how both partners function and tick. This will give a view on both individuals separately but also on how they are in their relationship. What will come to the surface are the differences, dependencies and sexual aspects, but also the love and most intimate issues in the relationship. Yvonne will give advice after getting all this information about how you can better relate with each other in the future. When you understand more the dynamics in the character due to trauma's and conditioning a greater acceptance of each other and yourself can happen.

If you want you can come together or alone to continue this session and work with EZI to dissolve or heal the blocks that influence your relationship.

#### **Costs**

These sessions cost €70,- an hour.

### **Business Coaching**

To let your business run smoothly, with as less disturbing factors like sick leave, there are possibilities to use EZI®-Business Coaching. In individual sessions and conversations employers also receive personal advices. Employers can also follow an EZI®-Workshop. During this workshop they will learn to put the EZI®-Technique in to practice themselves. EZI® helps to feel better in your own skin and to gain a more positive outlook towards the world. Making choices in your work but also in your personal life will go easier as a consequence. When you follow the workshops together with your colleagues, you'll get to know and understand each other better on a deeper level. It will raise the teamspirit.

#### **Costs**

According to the wishes and goals of the company it will be discussed.

### **Children**

EZI works miracles for children. And helps them to process their difficulties. With specific problems like behavioural problems, sleeping disorders and being teased EZI can bring more calm and a better balance inside the child. Also will be looked at the child in a mediumistic way to find the cause of the specific problem. This will be burned on a cd so the parents will have guide-lines to take care of their child. Also will be advised how to treat the child in a beneficial way, the best way to decorate the bedroom and to which School to go to. Children of

every age are part of the family, the School and the neighborhood where they live in. This means that they will get all kinds of unwanted behaviour of other people coming their way, which they can't release except in their own behaviour. This can express itself in a range of acting out very wild and unrestricted to closing off and isolation. With EZI children can learn to let go so everything will be more bearable and daily life will be more pleasurable. The experience of EZI with children shows that it works fast and pure and that EZI influences the life of the child in an effective and positive way.

Also many children walk around with questions about the meaning of (their) life which Yvonne can answer. Many children who Yvonne worked with wanted to know the name of their angel/helper which Yvonne gave them.

## Youngsters

Youngsters often have specific problems, the problems they already feels and experiences carries on inside the youngster. This added by the experiences where youngsters go through when they go to High School. The world enters like a wave, their body changes, sexual feelings start to live their own life, sexual intimidation, lots of homework, high expectations of parents, School, your friends, or not having friends, group forming, to what group do I belong?

Do I join in smoking, alcohol, (soft) drugs? Life suddenly exists out of the computer and internet for all the School assignments and especially for social contacts and games. This makes that the once so sweet and cosy child becomes a youngster who is sitting in front of the computer all day. Sportclubs are very important to break this kind of behaviour. And what if you, as a child, had a ADHD or PDD-nos diagnosis. If you are feeling insecure and don't have a stable home life. If someone died who was very important for you or if your parents are divorced with many fights at home.

That is a lot for a very young human being to swallow. Then is the book " How do I survive myself (Dutch: "Hoe overleef ik mijzelf) by **Francine Oomen** very appropriate.

Do you or your parents have the feeling that you need extra help in your life? Did you encounter intense, catastrophic experiences or do you need help with making important decisions?

Possibly Yvonne can mean something for you. By looking together with you for answers and helping you find your way. Yvonne coaches you individually in her practice with an **mediamiek** consult or EZI-Treatment. For this personal coaching will be used a combination of a **Mediumistic Consult**, conversations and EZI-Treatments.

**Are you a pregnant teenager or a teenagermother** to 19 years old and do you need help for you and/or your child, call or sms 0031(0)623305774 to Yvonne. She can look if she can help or support you. You can also join EZI-Workshops and Courses for free. To give you a chance to become a self-conscious young woman and mother. And to experience that also you have choices in life. And that your life doesn't stop now you're pregnant or a mother.

### Costs

- Hourprice is €70,- When parents/caretakers ask for help.
- When teenagers till 19 ask for it €30,- for an consult.
- When children or youngsters ask for help who don't have any money (age till 19) and don't have much or no income, a consult can still be possible considered by Yvonne. Call or sms 0031(0)623305774 or send an email so I can see what I can do for you.

## EZI Youngsters Workshop

If you don't want to be dependent of others, there is the possibility to learn EZI yourself, take your own responsibility to take away everything that doesn't feel good inside with the EZI-Method. So you can live your life, as a youngster, in a bearable way and even help other people with it. Many youngsters have done it and their life has changed in a positive direction. They are able to take better difficult decisions and to choose for themselves.

**Costs decided in conversation with Yvonne and dependent of the size of the group and the location.**

**Motivated Youngsters and Children from the age of 10 can also join in the Adults EZI-Workshops and Courses. Know that children and youngsters are not so different from adults. They merely differ in interests. With Yvonne everyone is equal. The costs will be considered by Yvonne.**

## Gatherings

### Paranormal Gatherings

At paranormal gatherings Yvonne will give you the opportunity to be introduced to a mediumistic session. The public gatherings are usually very popular and there will be an opportunity to receive a message or a character description from Yvonne. It's also possible to receive messages from passed family members. The chance that everyone will get the opportunity to receive a message or analysis will be less when it's very busy. Every paranormal gathering is different and full of surprises.

Individual sessions are not possible during these evenings. More quiet is needed to give answers to your questions. You can always meet Yvonne at the end of the evening to arrange an individual meeting.

### **What to bring?**

Participants can take jewelry that has been worn for at least three weeks or a picture of yourself or another person. Everyone who brings something has the chance to receive some essential information.

### **Paranormal evening at Yvonne's place**

The paranormal evenings take place with a smaller group of people which will give it more intensity. There is more space and safety to give more information.

It's also possible to invite Yvonne in your own home. If you invite people in the area of Arnhem, she will come when there will be at least five people. Invitations outside this area Yvonne will come when there are eight people present. Yvonne also gives lectures and paranormal evenings outside the Netherlands.

### **Costs**

#### ***National***

At Yvonne, at your place or someone else's place: €12,50 each person.  
When a spiritual center invites: price will be discussed.

#### ***International***

Travel- and accomodation costs. Fee is discussable.

## **Products**

Yvonne creates many different paintings and mosaic made mirrors.

CD "Sleutels tot geluk" deel 1 en 2 (In Dutch) €20,-

Chak-ra-ha remedy "Feeling, Save, Good, Fearless en Free" a bottle €9,-



A set of 30 + 1 Chak-ra-ha remedies and the Chak-ra-ha children line €240,- with on bottle for free.

These particular Chak-ra-ha remedies are specially developed for the EZI-Method. Everyone who masters the EZI-Testingmethod can work well with these remedies and the accompanied manual.

The content of the bottles contains water, brandy and Chakra resonance.

The content of the bottles contains 10 ml and lasts long because you use 2 drops every time.

You can take it in with any mood.

Every bottle has its own resonance which makes it work on every level.

The complete set contains the 7 Chak-ra-ha remedies and 24 Chak-ra-ha remedies for children. If you order this set during an EZI-Workshop you only pay €200,-. Accompanied with this set you will receive a bottle called "Feeling Save, Good, Fearless and Free" for free.

A single bottle costs €9,-



The Chak-ra-ha remedies is also available as a testing set for people who work with the Testing-method like EZI, VEGA testings, NEI, INTEGRA. This testing set will be used for different emotional layers.

Costs €70,-

Guiding manual €10,-

In this manual will be explained the meaning of the 24 Chakra's coming from the lightbeings vision.

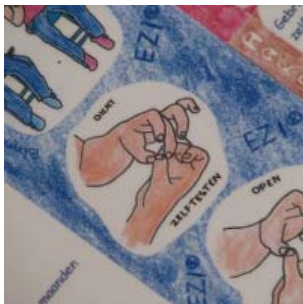


Set of 10+1 bottles TIBA-DAALA animal-line costs €80,- with one bottle for free. A manual which will explain the use is included. Next to this there is also a special EZI-Animalcard included.

Single bottle costs €9,-

EZI®-Card for adults costs €10,- ( Dutch and English)

This card is the user's manual for every practitioner of EZI.



EZI®-Childrencard €10,- (Dutch)

The children's card is a simplified version of the adults card and is for children till 9 years old who practice EZI® or who want to learn it.



EZI®-Animalcard €5,- (Dutch)

The animals card has a special focus on animals and is for people who want to help their own animals or who want to work with animals. This card belongs to the TIBA-DAALA animal line and is a complete package to work on an energetical level with animals.

*(all prices include taxes but exclude the send and package costs)*

## **Contact**

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